



## WHAT IS YELLOW LANTERN?

Yellow Lantern is a provider of transformational programs for young people which brighten pathways through public speaking. We help kids speak powerfully, articulate ideas and be natural leaders whilst putting their personality first.

## WHAT IS SPECIAL ABOUT OUR COURSES?

1. Our courses are exclusively facilitated by qualified councillors, school teachers and life coaches who have vast experience working with young people.
2. Yellow Lantern uses modern counselling and coaching techniques. Young people are coached to reframe their negative self beliefs and achieve rock star levels of self expression.
3. Yellow Lantern is setting a benchmark for a new way of training public speaking. We provide a 'can't fail' approach through the use of social inclusion techniques & body awareness. We believe that once a kid feels good within themselves and accepted by a group, they can pretty much do anything.



Grade 6 student @ Menzies Creek Primary

## HOW IS THE 8 WEEK PROGRAM DELIVERED?

Our popular Shine Your Light course is an 8 week incursion delivered at your school by a trained Yellow Lantern Facilitator. Each session is run within the normal class environment and requires attendance by a teacher.

Each class receives a 1.5 hour session every week for 8 weeks. The course includes a graduation event on the 7<sup>th</sup> week of the course. This event is powerful beyond measure. Parents are often moved to tears by witnessing their children shine brighter than ever before.

Upon completion of the program, students are awarded a certificate of *new-beginnings* and set life-long goals around building their magnificent relationship with public speaking.

Currently, Yellow Lantern offers the SHINE YOUR LIGHT program for two age groups:

- Juniors (Grade 5-6)
- Teens (Grade 7-8)

The cost of the 8 week Shine Your Light program is very reasonable & we can work to suit your school budget (fee's are calculated per class).

**Ask for a sample quote today!**

**½ DAY WORKSHOPS ALSO AVAILABLE:**

COMPASSIONATE LEADERSHIP  
ROCK-STAR RAPPORT  
UNTAME YOUR VOICE  
BEING REAL ONLINE

SEE [YELLOWLANTERN.COM.AU](http://YELLOWLANTERN.COM.AU) FOR FURTHER DETAILS

## KEY LEARNING OUTCOMES

### ☉ Choose magnificence

Young people are shown that public speaking is a pathway toward activating goals, being heard & opening the doors to magnificent opportunities.

### ☉ Master your mistakes

Experience freedom whilst public speaking by learning how to get it wrong, laugh at yourself and self praise. This works to ease negative self judgement & ideals of perfectionism.

### ☉ Find your shine

Yellow Lantern is a metaphor for the guiding light within us. Through the use of our unique body centring practice kids learn the art of focus, breath and self expansion.

They don't just speak about it, they experience it! This gives them a life-long tool they can use to access core feelings of confidence every time they speak.

### ☉ Put personality first

Personality is a person's greatest asset. Yellow Lantern guides kids toward effortless, fun and liberating speaking experiences. The focus is not only on what you say, but on the place you say it from.

### ☉ Celebrate others

We coach kids how to truly listen to their peers. By the end of an 8 week program the classroom feels like a cheerleading squad where each child has learnt to champion the efforts of their classmates.

Our program connects to AusVELs Australian curriculum and KidsMatter!



*"Yellow Lantern didn't just give me confidence, but a chance to believe in the real me"* *Aisha – Student*

*"I had so much fun! At first I was nervous but then it turned into excitement! I have enjoyed our time so much."* *Mietta – Student*

*"This was by far the best thing any of my kids have done at school. My son used to shrink in front of people. Now he shines!"* *Sarah - Parent*



Yellow Lantern  
National Public Speaking Program  
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Find us on  /yellowlanternps  
www.yellowlantern.com.au

WEEK 1	Setting Agreements Learn how to use Lantern Breathing	
WEEK 2	The Truth about Audiences Practice Lantern KUNG-FU	
WEEK 3	What is nervousness? Making masterful mistakes	
WEEK 4	The flow & structure of a great talk (S.P.I.L) Speak your Strong Start	
WEEK 5	Lantern Eyes - Practice speeches	
WEEK 6	Being Yourself Slowly Clearly & with Meaning Class QUIZ	
WEEK 7	Recap & Shine your Light Making friends with microphone	Shine Your Light Speech night!
WEEK 8	Looking back & looking forward	

**Australia's favourite**  
**public speaking program for kids**  
*Feel it - Own it - Speak it!*  
**[www.yellowlantern.com.au](http://www.yellowlantern.com.au)**

